

## **2023 Elem/MS/HS CROSS COUNTRY**

<b>DATE</b>	<b>TEAM</b>	<b>LOCATION</b>	<b>TIME</b>
8/26	MS/HS	Claremore Sequoyah	8:30 a.m.
8/31	Elem/MS/HS	Wyandotte	3:30 p.m.
9/7	Elem/MS/HS	Foyil	4:00 p.m.
9/12	MS/HS	Inola	10:00 a.m.
9/19	MS/HS	Cleora	4:00 p.m.
10/3	Elem/MS	Cleora	4:00 p.m.
10/10	MS/HS	Lucky 7 Conf.	4:00 p.m.
10/21	HS Only	Regionals	TBA
10/28	HS Only	State	TBA